



Year 1 - Spring term - Fruit Kababs

Key Vocabulary

Proportion	The part or share of something.
Energy	Required to sustain mental or physical activity.
Food intolerances	Unable to eat types of food without having a bad side affect.
Balance	Equal amount.
Fragrant	The smell.
Fresh	New, not preserved.
Sweet	A pleasant taste not salty or bitter.
Succulent	Juicy.
Flavour	How it tastes.



Lesson sequence

Evaluation of existing products	<p>To know that there is a wide variety of different Fruits.</p> <p>To know that different foods provide different amounts of energy.</p> <p>To investigate and evaluate food products using sensory vocabulary.</p> <p>What fruits do they already know about?</p> <p>What do they like?</p>
Focussed tasks	<p>To know the different hygiene rules to be followed before any cooking starts.</p> <p>To know where different ingredients should be stored to ensure food safety.</p> <p>To know how to use equipment safely and accurately to prepare food.</p> <p>To know that consideration has to be given to ingredient quantities and combinations to achieve the desired effect.</p>
Design	<p>To know that consideration has to be given to ingredient quantities and combinations to achieve the desired effect.</p>
Make	<p>To know that it is important to present food in an appetising way and apply this to their work.</p>
Evaluate	<p>To be able to evaluate their work against the criteria they set.</p> <p>To be able to evaluate the work of others in a positive and fair way.</p>
Health and Safety	<p>To be able to use equipment safely and accurately.</p> <p>To work hygienically.</p>