



Year 5 Dance

Key Vocabulary

Stretch	Making something longer
Mood	Temporary feeling.
Facial expression	Feelings shown in someone's face.
Improvisation	Perform without a plan.
Rehearse	Practising a dance.
Chorographer	A person who composes a series of steps in a dance.
Bhangra	Punjab style music/dance
Locomotion	Movement from one place to another.



Unit Focus:

Perform different styles of dance fluently and clearly

Refine & improve dances adapting them to include the use of space rhythm & expression

Worked collaboratively in groups to compose simple dances

Recognise and comment on dances suggesting ideas for improvement



6 hours

Lesson 1

Can I dance on my own?

Lesson 2

Can I dance with a partner?

Lesson 3

Can I dance in a group?

Lesson 4

Lesson 5

Lesson 6

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English / Maths Links: