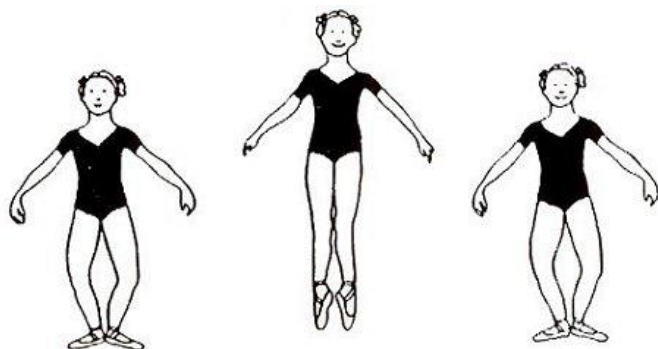




Year 5 Dance unit 2

Key Vocabulary

Dynamics	Different parts of performance to music.
Assemblé	An assemble in dance refers to a jump completed from one to both feet
Sissone	Sissonne is a classical ballet term that describes a dancer jumping from two feet and splitting their legs "like scissors" in the air before landing.
Sauté	Jumped, jumping.
Gesture	A dance in which steps are emphasised.
Chainé	A turning movement in which the dancer executes a half turn on each foot.
Retrograde	Turning in the opposite direction to others.
Fragmentation	Divide up the dance phases.



Unit Focus:

Using professional examples to inspire ideas for explosive action.

Owning and exploring new movement possibilities.

Work with devices to add interest to action and explore different types of jumps.



6 hours

Lesson 1

Can I create dance actions which communicate the theme using prompts

Lesson 2

Can I Manipulate and develop own action using devices?

Lesson 3

Can I Create varied dance movements in a group using level and formation?

Lesson 4

Can I perform an elevation sequence with control?

Lesson 5

Can I create movement on a low level which communicates an attack?

Lesson 6

Can I Perform clearly and with confidence?

English / Maths Links: