



## Year 6 Badminton

### Key Vocabulary

|             |                                                                                                                |
|-------------|----------------------------------------------------------------------------------------------------------------|
| forehand    | A shot made by swinging the racket across one's body with the hand moving palm first.                          |
| backhand    | Hitting the shuttle with your racket while the back of the hand is facing the shuttle.                         |
| shuttlecock | A high-drag projectile used in the sport of badminton.                                                         |
| underarm    | A defensive shot delivered from beneath the servers waist.                                                     |
| smash shot  | To hit the shuttle with power and speed downwards to your opponents court.                                     |
| overhead    | To hit the shuttle square with your racket face forcing your opponent to the back their court.                 |
| doubles     | Two partners working together to retrieve the shuttle.                                                         |
| rally       | A rally starts as soon as the server performs the service, the rally ends when the shuttle touches the ground. |

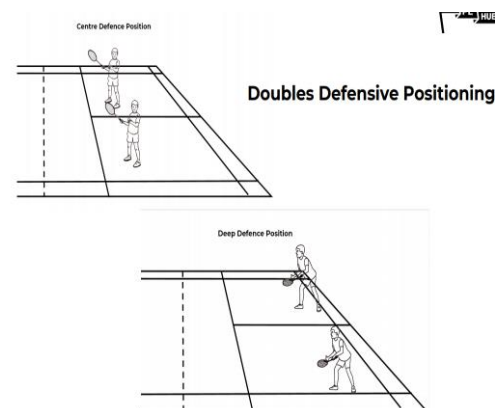
### Unit focus :

Develop a wider range of shots including drop and smash.

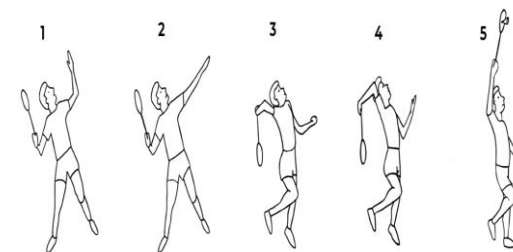
Begin to use more sophisticated tactics such as net play, and offensive and defensive positioning.

Begin to select appropriate tactics during games.

Play with fluency with a partner in doubles scenarios.



### The Smash Sequence



## **6 hours**

### **Lesson 1**

Can I play in a doubles game and score points against opposition?  
Can I demonstrate a range of shots in a doubles scenario?  
Can I defend points against the opposition using teamwork skills?

### **Lesson 2**

Can I serve using doubles boundaries and the service line?  
Can I get into position to perform the smash?  
Can I attempt a smash shot in a doubles game situation?

### **Lesson 3**

Can I perform a drop shot?  
Can I demonstrate a drop shot in isolated situations?  
Can I deceive my opponent to win a point using a drop shot?

### **Lesson 4**

Can I react quickly to play shots at the net?  
Can I play in a game using net play when appropriate?  
Can I score in a doubles game with confidence?

### **Lesson 5**

Can I play using an offensive court position for doubles?  
Can I work in harmony with my partner to attack?  
Can I use attacking principles to exploit the opponents' weakness?

### **Lesson 6**

Can I umpire a game of badminton?  
Can I compete and identify ways I can improve my play?  
Can I defend in formation?

### **English / Maths Links:**

**Literacy:** Describe why rules were or were not adhered to in games as an umpire.

**Numeracy:** Use full badminton doubles scoring system to score points and keep track of points in a game.