



Link to school Value

Love, Forgiveness, Trust and Justice

Golden Promise link/ Key concept Link

To treat others as we would want to be treated

Key Vocab & Definition

Bullying – to harm, intimidate or to make somebody do something

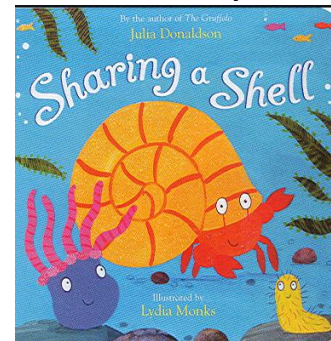
Acceptable – to be agreed or allowed

Unacceptable – not agreed or not allowed

Comfortable – feeling at ease and relaxed

Uncomfortable – causing or feeling unease or awkwardness

Possible Key Text:



Possible Images:



Link to
Heartsmart
**Don't Rub it In, Rub
it Out!**
**No Way Through,
isn't True**

Key Questions:

Am I good friend?

Do I treat my friends as I would like to be treated? Do they treat me as I would like to be treated?

How can I look out for and identify bullying?

What makes me special?

How do people show they love me?

Time: 4 hours 30 minutes



Core Knowledge:

- **R8 – to learn to identify and respect the differences and similarities between people**
- **R9 – to learn to identify their special people (family, friends, carers), what makes them special and how special people should care for one another**
- **R10 – to learn to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)**
- **R11 – to learn that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)**
- **R12 – to learn to recognise when people are being unkind either to them or others, how to respond, who to tell and what to say**
- **R13 – to learn to recognise different types of teasing and bullying, to understand that these are wrong and unacceptable**
- **R14 – to learn strategies to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help**

Lesson 1:

Can I say what my family members, or people that are special to them, do to make them feel loved and cared for? Do I know about different features of family life, including what families do / enjoy together ?

Lesson 2:

Do I know how people behave when they are being friendly and what makes a good friend? Do I know how to resolve arguments that can occur in friendships? Do I know how to ask for help if a friendship is making me unhappy?

Lesson 3:

Do I know that it is important to tell someone they trust if something about their family or their friends makes them feel unhappy or worried?

Lesson 4:

Do I know how to ask for and give/not give permission regarding physical contact and how to respond is physical contact makes them feel uncomfortable?

Lesson 5:

Do I know how words and actions can affect how people feel? Do I know why name-calling, hurtful teasing and deliberately excluding others is unacceptable?

Lesson 6:

Do I know how to respond to bullying? Do I know how to report bullying including online to a trusted adult?

Link to curriculum intent statement:

Strand 1 c i, ii

Strand 2 a i, ii and b i, ii, iii, iv

Strand 3 a i, ii, iii

Strand 4 a i, ii, iii