

PSHE – Year 1 Relationships



Link to school Value

Love, Hope, Forgiveness, Trust, Peace and Justice

Golden Promise link/ Key concept Link

To treat others as we would want to be treated

Link to

Heartsmart

**Don't Rub it In,
Rub it Out!
No Way Through,
isn't True**

Key Vocab & Definition

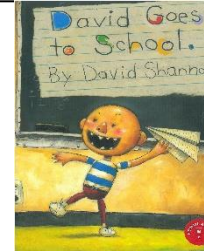
Anxious – feeling worried, nervous or afraid about something uncertain

Fair – without allowing an advantage for one side over another

Unfair – against what is just or fair ie Some people think the judge made an unfair decision in that case.

Negotiation – discussions meant to help people agree on something

Possible Key Text:



Possible Images:



Key Questions:

Why is it important to talk about our feelings?

Do our feelings affect other people?

How can we help each other talk about their feelings?

Does it make a difference how we behave to others?

Can we give constructive feedback?

Time: 6 hours



Core Knowledge:

- R1 – to learn to communicate their feelings to others, to recognise how others show feelings and how to respond
- R2 – to learn to recognise their behaviour can affect other people
- R3 – to learn the difference between secrets and nice surprises (that everyone will find out eventually) and the importance of not keeping a secret that makes them feel uncomfortable, anxious or afraid
- R4 – to recognise what is fair and unfair, kind and unkind, what is right and wrong
- R5 – to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class
- R6 – to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)
- R7 – to offer constructive support and feedback to others

Lesson 1:

Can I talk about my feelings and recognise how others show their feelings?

Lesson 2:

Can I recognise that my behaviour can affect other people?

Lesson 3:

Can I recognise the difference between keeping secrets and not keeping a secret that makes you uncomfortable??

Lesson 4:

Can I recognise what is fair and unfair?

Lesson 5:

Can I listen to other people and work and play cooperatively?

Lesson 6:

Can I begin to give feedback to others?

Link to curriculum intent statement:

Strand 1 c i, ii
Strand 2 a i, ii and b i, ii, iii, iv
Strand 3 a i, ii, iii
Strand 4 a i, ii, iii