

PSHE – Year 5 Relationships (including RSE)



Link to school Value
Love, Hope, Trust and Peace

Golden Promise link/ Key concept Link
Reverence – respecting everyone and having
a positive impact on peoples' lives.

Link to
Heartsmart
**Don't Forget to Let
Love in!
Fake is a Mistake!**

Key Vocab & Definition

Marriage – the ceremony in which two people are joined as a couple by law, having pledged to be faithful to one another until they are parted by death

Commitment – a pledge or obligation to fulfil an act or function

Puberty – the stage or age at which a person experiences the maturation of the reproductive system

Reproduction – the process by which new plants or animals by the same kind are created

Possible Key Text:

Possible Images:



Key Questions:

How can I have a positive impact on others?
What is marriage?
What is a civil partnership?
Can I express my emotions?

Time: 6 hours



Core Knowledge:

R5 – to learn that civil partnerships and marriage are examples of a public demonstration of the commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make commitment

R6 – to learn that marriage is a commitment freely entered into by both people, that no one should marry if they don't absolutely want to do so or are not making this decision freely be themselves

R7 – to learn that their actions affect themselves and others

H18 – to learn how their body will, and their emotions may, change as they approach and move through puberty

H19 – to learn about human reproduction

Lesson 1:

Can I understand a marriage and civil partnerships are an example of a public demonstration of commitment?

Lesson 2:

Can I explain that marriage is freely entered by both people?

Lesson 3:

Can I recognise that my actions affect myself and others?

Lesson 4:

Can I understand how my actions could affect others and how I can help others?

Lesson 5:

Can I explain how my body and emotions will change during puberty?

Lesson 6:

Can I learn about human reproduction?

Link to curriculum intent statement:

Strand 1 c i, ii

Strand 3 a i, ii, iii

Strand 4 a i, ii, iii