



# Holy Trinity Church of England Primary School

To be the best we can be: for God, for others and for ourselves

## PSHE Curriculum Map

	Autumn	Spring		Summer
<b>Reception</b>	Living in the wider world Relationships Health and Well-being (Kapow – My Family and Friends. Self-Regulation: Listening and Following Instructions)	Relationships (Kapow – Building Relationships: Special Relationships)	Health and Well-being (Kapow – Self-Regulation: My Feelings)	Living in the wider world (Managing Self – taking on challenges. Managing self – My Well-Being)
<b>Year 1</b>	Relationships (Kapow – Family and Relationships)	Health and Well-being (Kapow – Health and Well-Being. Safety and the Changing Body)		Living in the Wider World (Kapow – Citizenship)
<b>Year 2</b>	Relationships (Kapow – Family and Relationships)	Health and Well-being (Kapow – Health and Well-Being. Safety and the Changing Body)		Living in the Wider World (Kapow – Citizenship)
<b>Year 3</b>	Relationships (Kapow – Family and Relationships)	Health and Well-Being (Kapow – Health and Well-Being. Safety and the Changing Body)		Living in the Wider World (Kapow – Citizenship)
<b>Year 4</b>	Health and Well-being (Kapow – Health and Well-Being. Safety and the Changing Body)	Relationships (Kapow – Family and Relationships)		Living in the Wider World (Kapow – Citizenship)
<b>Year 5</b>	Healthy Lifestyles (Kapow – Health and Well-Being)	Living in the Wider World (Kapow – Citizenship)		Relationships (Kapow – Family and Relationships) <b>SRE and Me</b>
<b>Year 6</b>	Healthy Lifestyles (Kapow – Health and Well-Being)	GANGS Man (Living in the Wider World) (Kapow – Citizenship)		Changes (Relationships) (Kapow – Family and Relationships. Safety and the Changing Body) <b>SRE AND ME</b>